



GEARFLY DG3

Smart Watch

USER MANUAL

Please read the user manual carefully and keep it for future reference.



WHAT'S INCLUDED



DG3



Charging Cable



User Manual

PRODUCT OVERVIEW

Watch Band

Touch screen



Power Button

Charging Pins

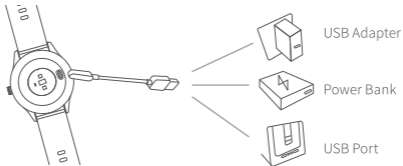
GETTING STARTED

1. Charge Your Watch

It is recommended to fully charge the watch before the first use.

Step1: Insert the USB end of the **Charging Cable** into a USB adapter, power bank, or a USB port.

Step2: Hold the other end of the **Charging Cable** to approach the **Charging Pins** on the back of the watch until they attach magnetically.



Note:

If the **Charging Cable** can not magnetically attach on the **Charging Pins** of the watch, please change the direction of it.

2. Power On/Off

Long press the **Power Button** for 3-4 seconds to power on the watch, then select your language. To power it off, long press the **Power Button** for 2-3 seconds and tap ✓.

• Functions of the Power Button












Power Button

	Long Press	Short Press
Power on/off		Screen on/off
End the exercise		Return to the previous interface
		Pause/resume the exercise

OPERATION BASICS

1. Function Overview on the Watch

- Swipe up from the bottom of the home screen to check the messages received().
- Swipe down from the top of the home screen to check battery() and bluetooth connection status(), enable/disable the **Do Not Disturb**() , adjust the **Brightness**() , enable/disable the **Flashlight**() , set the **Stopwatch**() or **Timer**() , and enter the **Settings**().
- Swipe left/right on the home screen to switch the interfaces among **Sports**(17), **Heart Rate Tracking**, **Stress**, **SpO2**, **Menu** and **Calories/Steps/Stand/Effective Workout Duration**.



Tips:

- 1 In the interface of **Calories/Steps/Stand/Effective Workout Duration**, swipe up/down to check the real-time data.
- 2 In the interface of **Sports**, tap to check your sports records.

Menu



Language

Tap to select the language of the watch.



Event

Screen on and vibrate to notify you at the preset time of the alarm/schedule set via the app.



Compass

Follow the tips on the watch to identify the direction.



Breath Training

Start a breath training of **Deep Relax**, **Nervous Regulation**, **Replenishing Energy** or **Self-Reconciliation**.



Heart Health

Enable to test the health of your heart. Sleep tracking will be turned on simultaneously. Please check the data monitored on the app.



Settings

Tap to enable/disable **24h HR** (24 Hour Heart Rate Tracking) / **24h Time/Smart Track**, set the **Date/Time**, check the device information, reset or shut down the watch.



Watch Face

Tap to select and change the watch face.

 **Note:**

Battery drains faster while running the **Heart Health/24h HR** application.

Sports

Available Sports



Hike



Basketball



Badminton



Soccer



Sit-ups



Jump Rope



Yoga



Dance



Aerobics



Tennis



Rowing Machine



Run



Bike



Fast walk



Swimming



Elliptical



HIIT

 **Tip:**

Please explore more about these sports on your watch!

2. Operate via VIRMEE App

We'll update the user manual according to the latest app version of VIRMEE, please visit www.virmee.com to get the latest instructions.

① Download and Install the App

Search and download VIRMEE App from APP Store/Google Play or scan the QR code directly.



iOS 10.0 or later



Android 5.0 or later



Explore More

2 Pair the Watch with Your Mobile Phone

Step1: Turn on your watch, go to **Menu > Settings > About** to check the Bluetooth name of the watch.

Step2: Enable Bluetooth on your mobile phone.

Step3: Launch **VIRMEE** on your mobile phone and register an account.

Step4: Follow the in-app instructions to create your profile.

Step5: Tap **Device > + > SEARCH AGAIN** on your mobile phone, then tap **VIRMEE-DG3-XXXX** to connect.

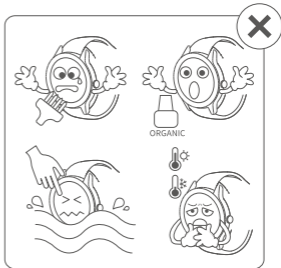
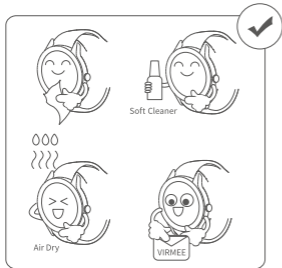
🔊 Notes:

- If you are using an Android phone, please permit the watch to access your location, otherwise the watch may not be searched.
- Please give full permissions to the watch to sync the information, otherwise the app may fail to display all the available options.
- The watch can only pair with one mobile phone at a time.

SPECIFICATIONS

Model	DG3
Screen Size	1.3 inches
Resolution	360 × 360
Input voltage	DC 5V
Input Current	< 0.3A
BT Version	BT5.0
Working Temperature	0-40°C/32-104°F

MAINTENANCE AND CARE



Tip:

Please clean the surface of the watch with clean water to remove stains in sea water or after sweating during exercise.

FCC Caution

Any Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

This device complies with part 15 of the FCC Rules. Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

Note: This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation. This equipment generates, uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications.

However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

This equipment complies with FCC radiation exposure limits set forth for an uncontrolled environment.

This transmitter must not be co-located or operating in conjunction with any other antenna or transmitter.

ISEDE Warning

This device complies with Industry Canada licence-exempt RSS standard(s). Operation is subject to the following two conditions:

- (1) this device may not cause interference, and
- (2) this device must accept any interference, including interference that may cause undesired operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence.

L'exploitation est autorisée aux deux conditions suivantes:

- (1) l'appareil ne doit pas produire de brouillage, et
- (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.

The device is compliance with RF exposure guidelines, users can obtain Canadian information on RF exposure and compliance. Le présent appareil est conforme Après examen de ce matériel aux conformité ou aux limites d'intensité de champ RF, les utilisateurs peuvent sur l'exposition aux radiofréquences et la conformité and compliance d'acquérir les informations correspondantes.

CAUTION:

RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE.
 DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS.
 Do not use other unauthorized chargers power supply for charging.
 Do not use the product in environment below 0°C or above 40°C for charging.



The symbol indicates DC voltage



RECYCLING



This product bears the selective sorting symbol for Waste electrical and electronic equipment (WEEE). This means that this product must be handled pursuant to European directive 2012/19/EU in order to be recycled or dismantled to minimize its impact on the environment. User has the choice to give his product to a competent recycling organization or to the retailer when he buys a new electrical or electronic equipment. This product can be used across EU member states.

A copy of the EU Declaration of Conformity is available online at <https://doc.vantop.com/>.

Use the product in the environment with the temperature between 0°C and 40°C; Otherwise, it may damage your Smart Watch. It can be operated under 2000m.

For the following equipment:

Product Name: Smart Watch

Brand Name: VIRMEE

Model: DG3

Shenzhen VanTop Technology & Innovation Co., Ltd. hereby declares that this [Name: Smart Watch, Model: DG3] is in compliance with the essential requirements and other relevant provisions of Directive 2014/53/EU.

Lithium Battery:

Model: 402424

Voltage: 3.8V

Manufacturer: ZHONGSHAN ZHONGWANGDE NEW ENERGY TECHNOLOGY Co., LTD.

Add.: NO.3, NO.4 FACTORY, DONGHENG ROAD, DONGYA DISTRICT, DACHE INDUSTRIAL, NANLANG TOWN, ZHONGSHAN CITY, GUANGDONG PROVINCE, CHINA

Bluetooth			
Support Standard	802.15.1	Type of Modulation	GFSK
Frequency Range	2402-2480MHz	Data Rate	1Mbps
Max. RF Output Power(EIRP)	-12dBm	Quantity of Channels	40

VIRMEE SUPPORT

North America : support@virmee.com

United Kingdom : support.uk@virmee.com



[@Virmee](https://www.facebook.com/virmee)



www.virmee.com



[@virmee_global](https://www.instagram.com/virmee_global)